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# Shri Buddha talk

1991, Brielpoort Deinze, Belgium



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- Why do people become so miserable, sick and eventually die in misery?
  - Whichever **desires** are fulfilled we're not satisfied by it, and we have to face repercussions attached to them.
  - What is the pure desire? The Kundalini essentially fulfills the pure desire to become enlightened and connected.
  - Upon the awakening of Kundalini our subtle system is not cleansed as opposed to Buddha's.
  - Because we haven't gone through penances the solution is to cleanse our subtle system **collectively**.
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- This collective life would essentially give us what Buddha achieved through his personal efforts;
    1. Buddham Sharanam Gachhami. First, I surrender myself to my *self- realisation, my spirit.*
    2. Dhammam Sharanam Gachami. I surrender myself to the *dharmā* in me.
    3. Sangham Sharanam Gachami. I surrender myself to the *collectivity.*
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- Buddha didn't know how to give en-masse realisation.
  - His disciples had to shave their heads off, no marriage was allowed, one piece of clothing, beg for food etc.
  - SY is the opposite. One has to enjoy in SY. One needs to be able to enjoy the collectivity. Some individuals might perceive collectivity as a penance.
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- As you become subtler your desires also become subtler. If you're not careful they can come up.
  - Every action has a reaction but not the action that has no desires attached to it.
  - When you are desireless you are happy because you are never disappointed, you are never nervous.
  - Every disappointment has something positive to teach us, help us grow. Shri Mataji shares her experience of falling down and spending 5 days at home, which resulted in her writing a book.
  - **EGO= YOU GO!!!**
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- Buddha's message is *not to develop ego*. How to do it?
    1. Any action we take we should affirm to ourselves "I am not doing it, Mother is doing it." If one feels like he is doing something for SY it is better that he stops doing it.
    2. Surrender all the desires. What are my desires? Count them 1 by 1 and surrender every single one. (Analogy of forwarding one's problems to one's parents-interpretation).
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- We should become collective from within. **DO NOT TRY TO EXPLOIT THE COLLECTIVITY OR ELSE YOU WILL BE IN TROUBLE.**
  - By your presence another person should not incur any suffering or feel insulted or inconvenienced.
  - The biggest weapon is forgiveness. Anger will upset you, but forgiveness will upset the person who's angry.
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- This will give you self-respect. The ship has to be seaworthy. What's the use of the ship that breaks down when put in the sea? What's the use of a sahaja yogi who gets disturbed by frivolous things?
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