

Incarnations, Gurus and Saints



Enlightenment throughout the ages

“We worship Ali, Mohammad and all other great souls. We worship and believe them all. Also Rama, Shri Krishna, Isa Masiah (Jesus) Mahavir, Buddha. They (referring to yogis) worship and pray all because they have understood that all are flowers of the same tree. All these flowers (referring to incarnations and saints) have come from one tree only, but we pluck these flowers and then now are fighting for these dead flowers. The flowers that are alive that is what we need I know of. Let us see now we have Hindus, Muslims, Jew, these (yogis) are people from all countries, there are Japanese, and from all countries from 56 countries. In Russia we have such people in thousands. Now they (yogis) all have become Sufis. Until this does not happen there cannot be harmony and peace and we will not get any peace or happiness. This hatred is not going to benefit anyone, whether be a Muslim or a Hindu. Everything else is useless”

– Shri Mataji in conversation with a sufi priest

Incarnations

- Aspects of the divine
- Born to guide humanity
- Limited understanding and abuse by human beings created religion as it is today

Realised souls

- Achieved (partial) enlightenment
- Human beings who purified themselves

Rama & Sita Krishna & Radha

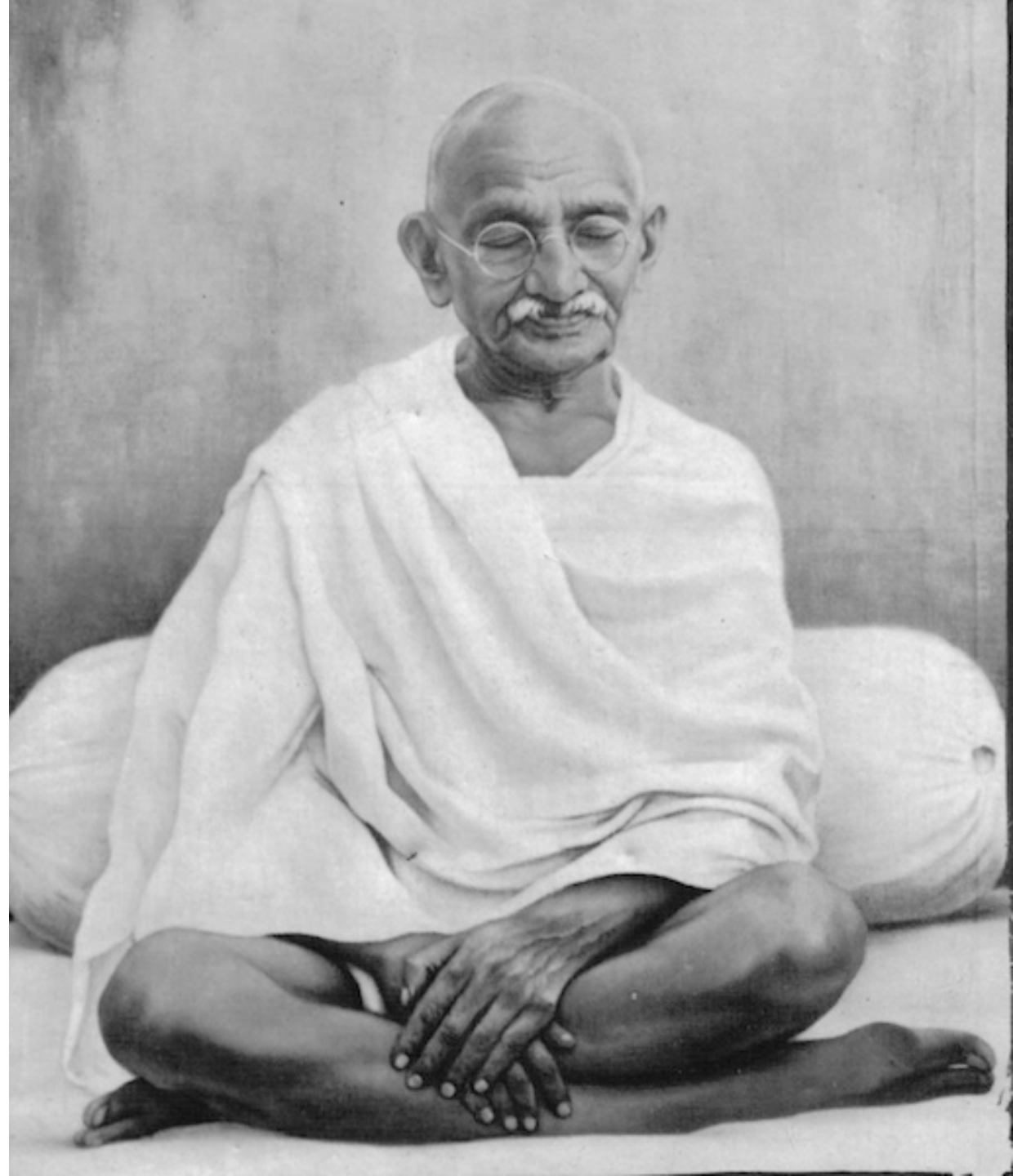
- Ramayana and Mahabharata
- Rama: established dharma and good conduct
- Krishna: established collectivity and detachment
- Followers started hinduism



Ascetism

- Knowledge of the subtle system
- Atma = spirit
- Kundalini

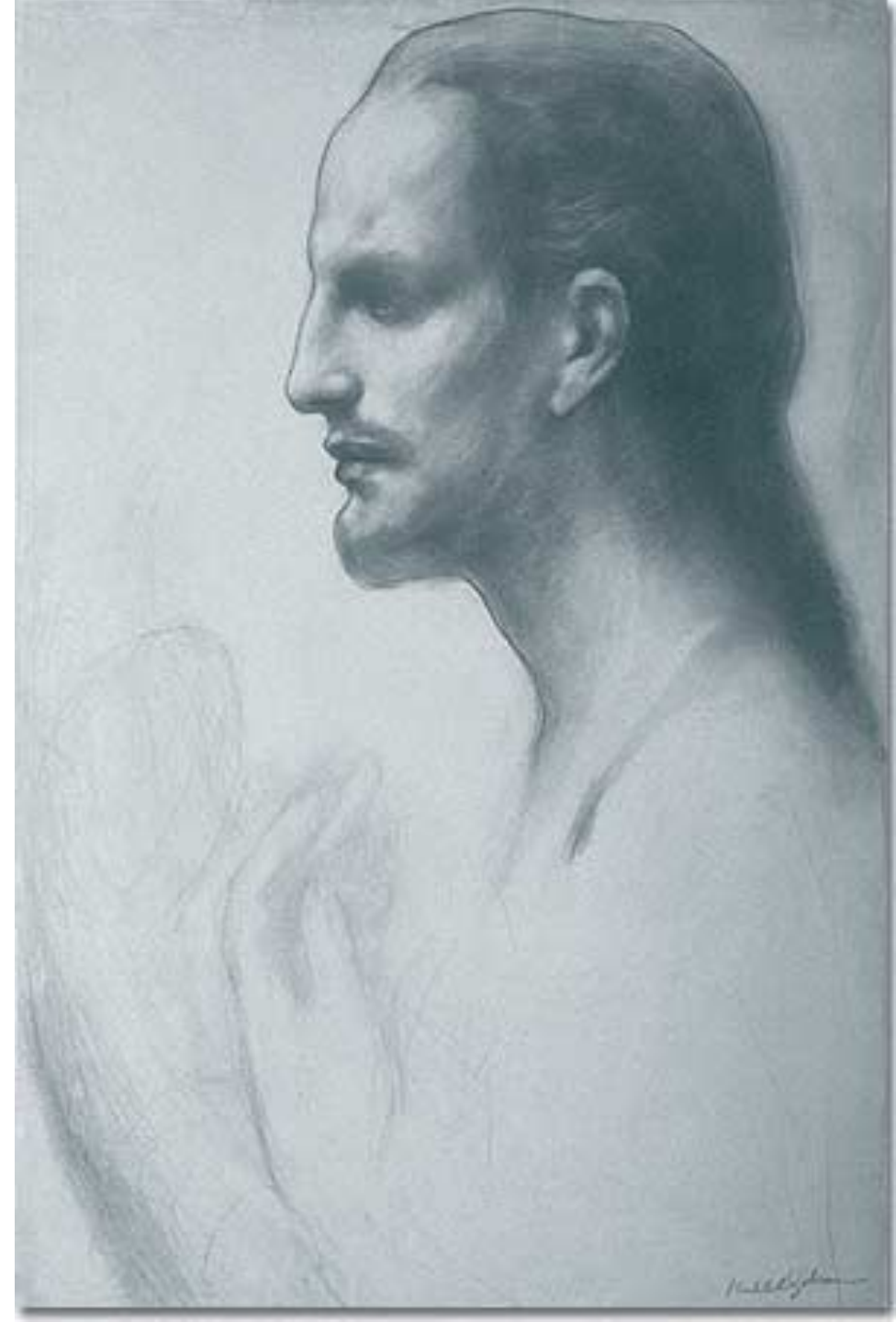
Reached realization through self-mastery, discipline, detachment



Jesus Christ & Mother Mary

*Jesus answered and said unto him,
Verily, verily I say unto thee, except a man be born again,
He cannot see the Kingdom of God.
Nicodemus saith unto him,
How can a man be born again when he is old?
Can he enter the second time into his mother's womb, and be born?
Jesus answered: Verily, verily, I say unto thee,
Except a man born of water and the Spirit,
He cannot enter into the Kingdom of God.
That which is born of flesh is flesh and that which is born of Spirit is
spirit,
Marvel not that I said unto thee: Ye must be born again.
The wind bloweth where it listeth, and thou hearest the sound thereof,
But cannot tell whence it comes and where it goeth:
So is every one that is born of the Spirit.*

John 3:3-8



Jesus Christ & Mother Mary

“examine yourself, and learn who you are, how you exist, and what will become of you”

“He who has not known himself does not know anything, but he who has known himself has also known the depth of all”

“know thyself.”



When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them. - Acts of the Apostles, Chapter 2:1



Gnosticism

- Gnosis - knowledge based on experience
- Pneuma - divine breath = Kundalini
- Holy ghost - feminine power

Reaching realization through denouncing material world, searching inner knowledge



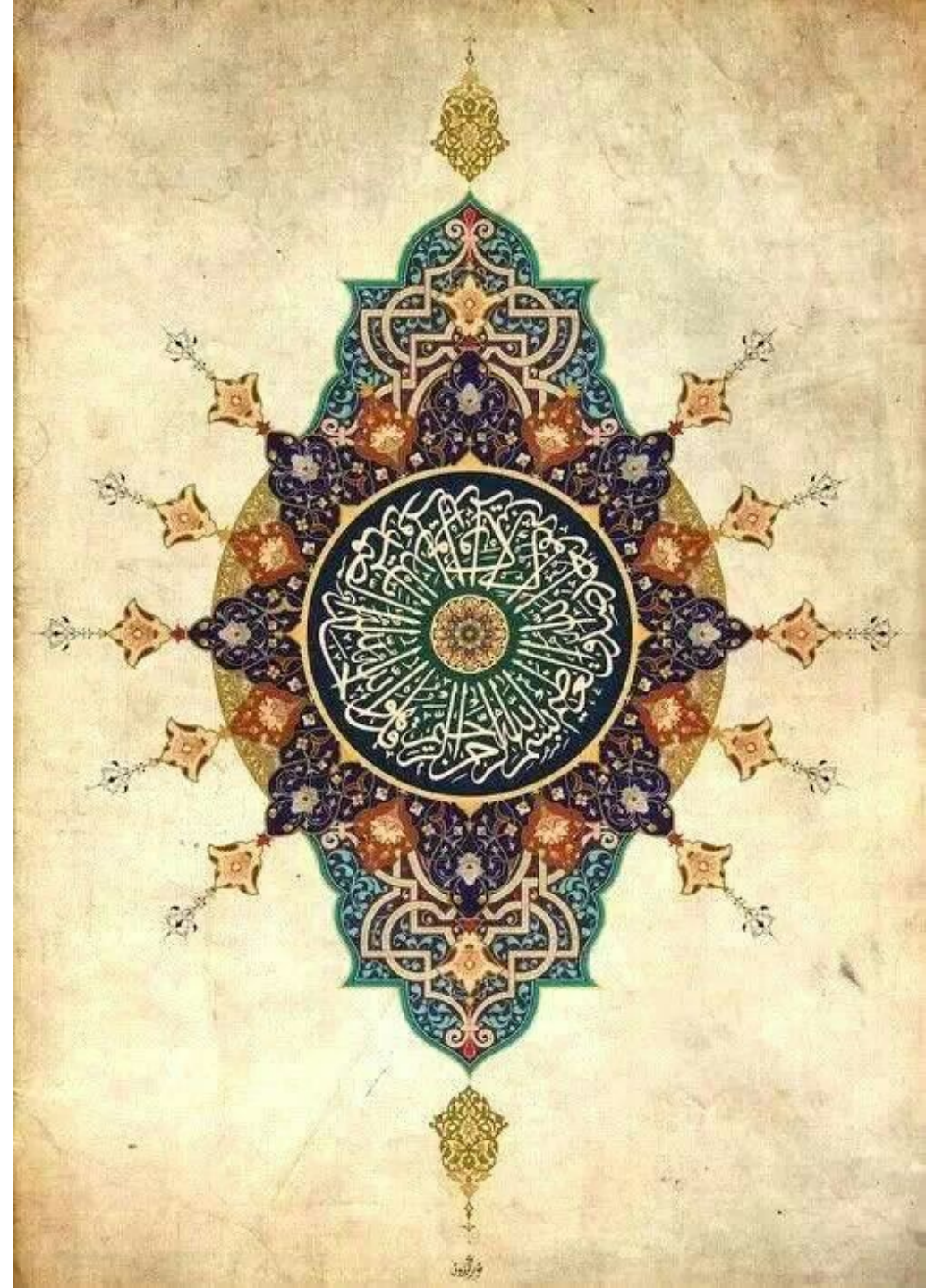
*“When you make the two one,
And when you make the inside like the outside
And the above like the below,
And when you make the male and the female one and the same
Then you will enter the Kingdom.” Gospel of Thomas, Hamadi
scrolls*

Prophet Mohamed & Fatima

- Islam = surrender

*“It is Allah who sends forth the Winds so that they raise up the Clouds,
And We drive them to a Land that is dead,
And revive the earth therewith after its death:
Even so (will be) the Resurrection!”*

surah 35:9 Fatir (The Originator of Creation)



"Naturally I was born a Muslim but I was also a seeker of truth. I liked the idea of believing in God but I had to admit that it was just blind faith because no matter how much I prayed, fasted and gone through all sorts of penances I never managed to communicate with God let alone see Him. Everything I learned in Islam came from my family, my society and ancestors. I can't blame anyone for having forced me to accept a set of rituals and beliefs given that nobody knew any better and it was just everyone's desire to do their best to raise pious, obedient, religious children. This is the way my parents were brought up and so were their ancestors. In addition I was told that since I was born in Algeria, I was most likely to be Sunni which I later came to know as an orthodox form of Islam where communication with the divine or through a saint or some other religious institution was out of question. Gradually I discovered that Islam had split into several groups which had different ways of approaching the divine, the major ones being Sunni, Shia and sufism (as a mystical branch of Shia Islam). In my quest for truth I began to sense that there must be a way as promised by the prophet (pbuh) of knowing oneself (the Rouh or inner being) and thereby knowing the divine with all its science, knowledge joy and self fulfilment. So one day, I was extremely fortunate to meet a very great lady, Her Holiness Shri Mataji Nirmala Devi, who was not just a saint but who had the unique power of giving en-masse self realisation."

Sufism

- Reeh - breeze
- Peer - realized soul
- Wali - thoughtless awareness

Reaching realization through
devotion, introspection,
meditation





◉ The 10 Ādi Gurus (Primordial Masters) ◉



Shri Abraham

*Forefather of the 12 tribes of Israel.
Israel. c.2000 BCE*



Shri Moses

*Founder of Jewish law.
Egypt. c. 1250 BCE*



Shri Zarathustra

*Instituted Monotheism and fire worship.
Persia. c. 1800 BCE*



Shri Rāja Janaka

*King of Mithila and Father of Shri Sītā.
India. c.8000 BCE*



Shri Confucius

*Taught ethics and compiled I Ching.
China. b.549 BCE*



Shri Guru Nanak

*Founder of the Sikhs.
India. b. 1469 CE*



Shri Lao-Tsu

*Author of Tao Te Ching
China. b. 604 BCE*



Shri Shirdi Sāi Bābā

*Prophesied Shri Mataji's birth.
India. c.1840-1918 CE*



Shri Mohammed

*Founder of Islam.
Arabia. d.632 CE*



Shri Socrates

*Founder of Greek philosophy.
Greece. b. 431 BCE*

Position in Head



In Hands



In Feet

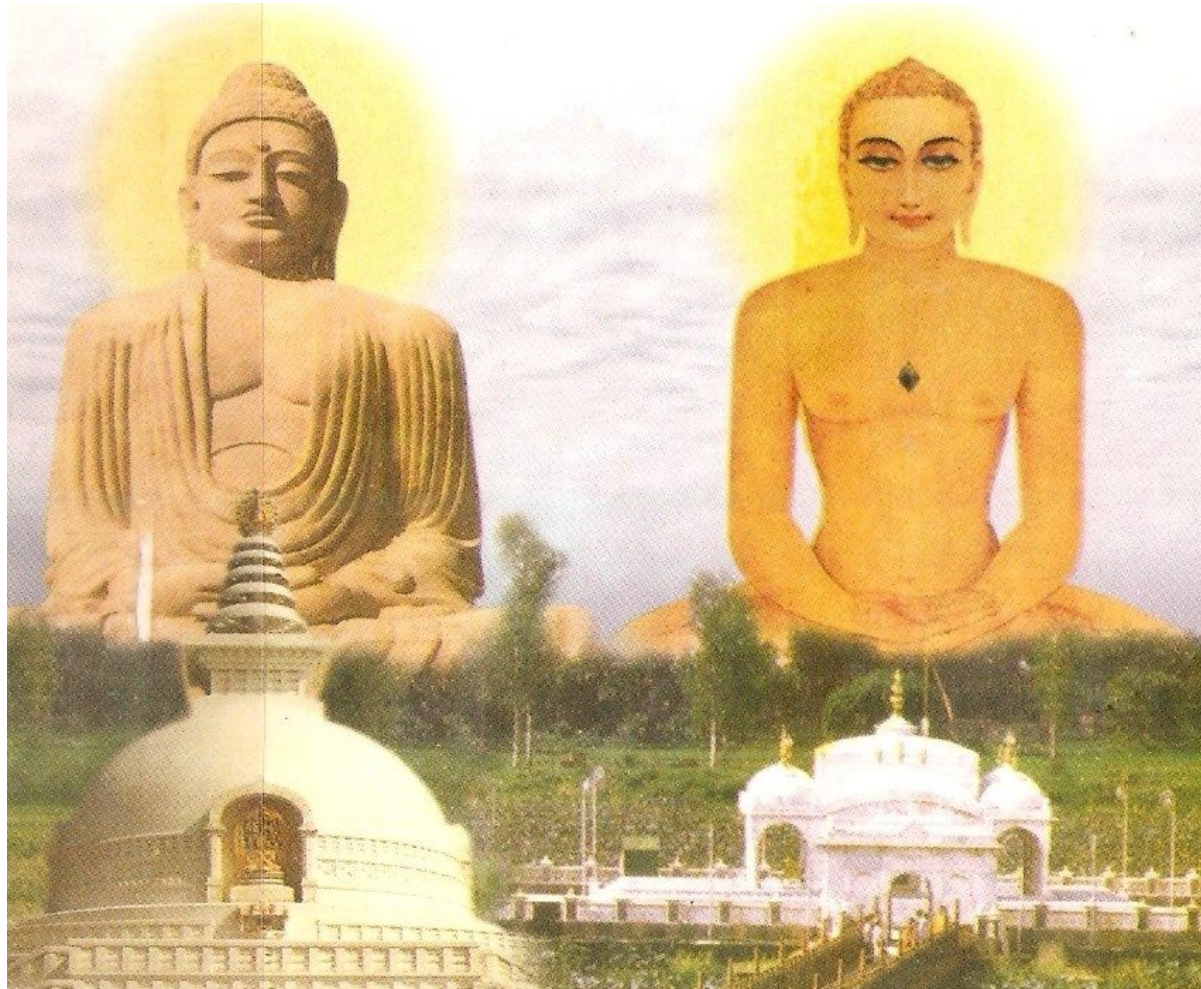


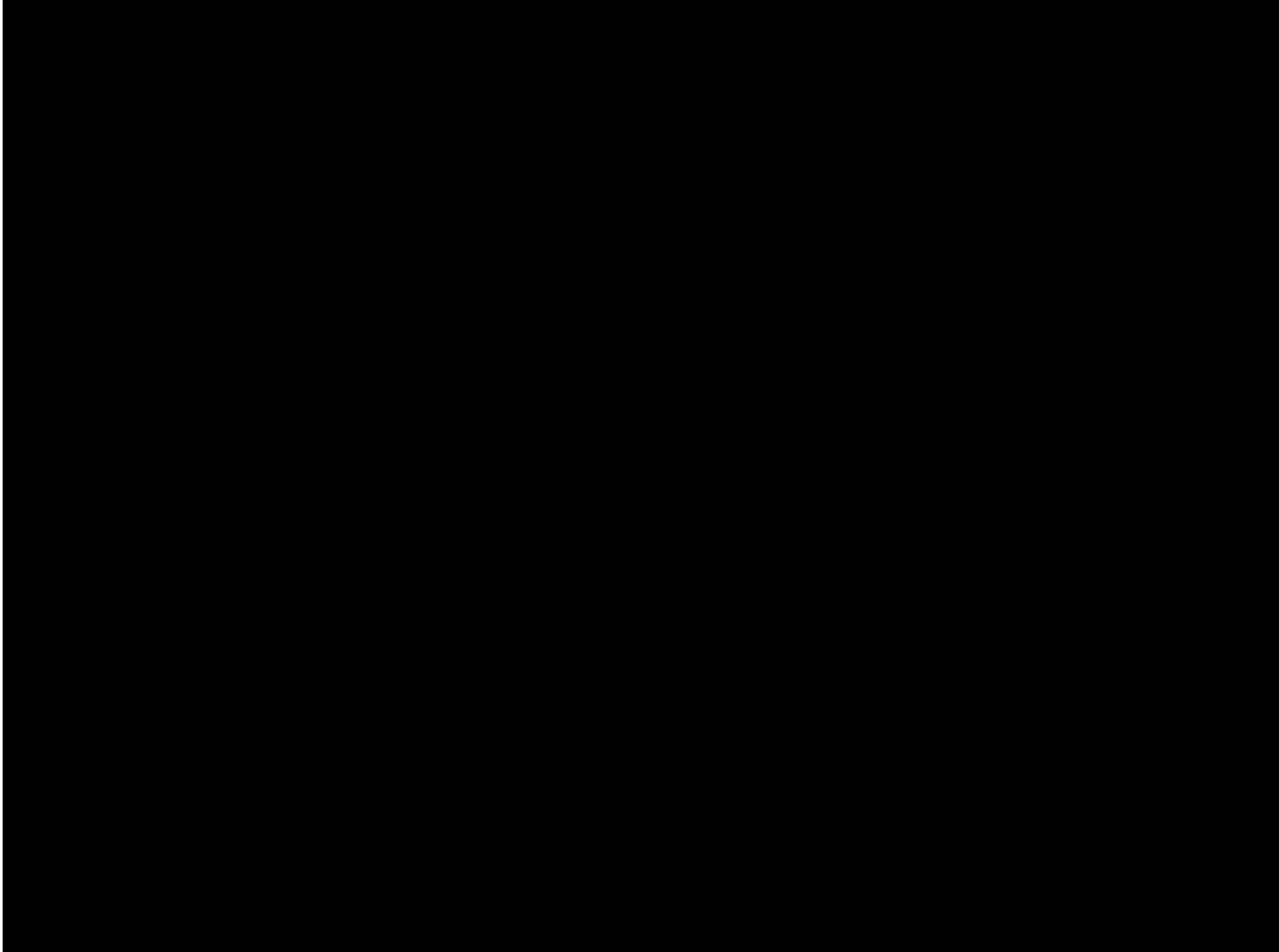
Position Within
Subtle System



the master principle
VOID

Buddha & Mahavira







Sahaja Yoga

In Sahaja Yoga we have now gotten our kundalini awakening, which is enlightenment, but it's only a very partial manifestation.

Through meditation, dedication and collectivity we have to grow much more and purify ourselves

Together we can now transform the world thanks to en-masse self-realisation