

## **64 holy powers of the Virāta**

*Aum twameva sākshāt Shrī Virāta sākshāt  
Shrī di Shakti Mātājī Shrī Nirmalā Devyai namo namah*

O Divine Mother, You are verily the Virata, the unconscious mind of God Almighty. Salutations to You!

Shri Krishna, Your seat is the brain. May the subtlety still hidden in our brains manifest through Yourwork.

Your Virata power gives a brilliant intellect which knows the truth. Please teach us to master our intellect and to not be a slave of it.

Shri Krishna, you keep the yogis under the protection of Your might as the Virata.

You enlighten our discrimination so that the source of art and science, the Virata Shakti, is known.

Shri Krishna, help us to completely cross through the Hamsa Chakra and allow us to enter the Virata.

Shri Maha-virata, the brain of the being of God Almighty, please absorb the power of our Spirit. Make our heart and brain as one.

O Virata, You give doubtless awareness. You know You have the light. You know You are complete.

Your power absorbs the ideas of separation and difference, and brings us to Nirvikalpa.

O supreme personality, give us the absorbing power of the Virata so we can accept Your holy advice.

The Hebrews worshipped You, O Lord as a shield that protects, and as the one who lifts up the head: the great Jehovah.

Master of masters, Your awe-inspiring cosmic world helped to form the manifested universes.

You are the great primordial personality which is reflected in all our chakras and manifests in all the countries.

All the countries of the world vibrate to Your 16,000 all-pervading powers.

The Virat'angana Shakti gives the sixteen nerves of the Vishuddhi which create collectivity.

Virata Shakti is the Akshara, the highest truth, the divine rest, the Shakti of the sixteen petals of the Vishuddhi.

You are the primordial Father within our brains who came as the Father of Shri Jesus.

You are the pure intelligence described in the Qu'ran as Akbar.

You are the guide. Your rod and staff comfort and direct us.

On the field of life, You run an incomprehensible course rich with life and death. You penetrate every atom as the guiding vibrational force.

Through Your puja, may we receive the blessing of Shri Krishna as the Virata, the inexplicable bliss of Nirananda giving light to the brain.

The Virat'angana power, in Her form as Shri Radha, sustains the energy and gives joy.

Enlightenment culminates the evolutionary process of Shri Vishnu as He becomes the Virata aspect of Shri Krishna.

Please awaken all the countries of the world to their role as part and parcel of Shri Krishna's *Leela* (play).

Shri Krishna, You worship Shri Nirmala Virat'angana, the supreme power of the absolute cosmic Being.

May the Virata, the universal unconscious, be fully expressed through the power of the Sahasrara chakra.

You give the light of a thousand suns. As modern Arjunas, let us know the radiance and vast unity and variety of God Almighty.

O Shri Virata, sacred marvel seen only by Arjuna, You are a reflection of the macrocosm. Our Holy Mother graces this wonder.

Shri Krishna, You revealed a myriad of colours and marvels beyond description when Arjuna glimpsed Your complete form of Virata.

Deities with mace and discus and splendid crowns form the body of the Virata, having faces of blazing fire that give light to the world.

You hold the reins of the chariot and You control the mind of the Virata. Please give us evermore subtle brains. Train us to discipline our minds.

O ancient impulse, all particles have their source in Your etheric power. All music reflects Your song of songs.

O divine power of yoga, absorb our central nervous system into one, uniting us in one world, one enlightened brain.

You are the centre of the Ekadasha Rudra powers which will redeem humanity.

You give the integration between brain and heart that makes it easy to have a divine and dharmic life.

You are the vehicle for understanding Dharma and preserving society.

Your brain has no worries, please bless us to know that we are tranquil reflections of Shri Krishna.

Please enlighten our brains completely so we are able to become Sakshi-swarupa, witnesses to the play that allows problems to be solved.

As the Pandavas won on the battlefield, let us win against the demon of ecological problems which starts in the brain and is reflected outside.

The yogis are Your Viratas, able to see problems from the inside.

Please transform the brainless people of America who justify wrong doing through their modern intellects.

Please release us from blessings which have become bindings and hold Sahaja Yogis back from becoming the totality.

Please give us Your divine diplomacy which uses an inspired intellect that is benevolent and detached.

You erase ancient memories of racialism from the mind of humanity and impose patterns of unity in Sahaja culture.

Protect our hair through which flow vibrations and the powers of Virata.

Let our brains register the truth and protect us from false ideas of freedom.

Let the divine vibrations cleanse the brains of humanity of black magic.

Your power of Virata keeps us in the present and stops the review of the past and the anticipation of the future.

Shri Krishna, You move quickly against enemies. Please destroy the problem of psychotherapies that use analysis and false views of the totality.

Please cleanse the brains of people damaged by the Avidya (false knowledge) of people like Freud.

Please inspire our brains, as You did Abraham Lincoln's, to give constructive ideas to the world.

Your power, O Virata, ends all contradictions in the upside-down brains of people.

Let the messages being spread all over the world by modern communications, express the auspiciousness of the Virata Shakti.

Please make the brains of humanity no longer be restless. Let the Sahaja way of Self-knowledge rein in the uncontrolled ego.

The miracle photos from the Shri Vishnumaya power reveal deities who gather and give splendour to the sovereignty of Shri Krishna.

The power of the Virata with the Shri Vishnumaya Shakti helps us see through materialism and its false attractions.

The Virat'angana power enhances our brain's capacity to be compassionate and creative.

Preserve us from the unholiness of TV, film and internet which promote violence and lust.

Shri Krishna, You weld together the social, political and economic aspects of society into Sahaja

culture. You end all corruption.

You contain Shri Hiranya Garbha, the embryo of creation.

Let the Jagruti (awakening) of the Virata bring the beauty of true Sahaja art, music and song to the world.

Please make us all Arjunas, brave enough to fight the problems of society that encourage violence among teenagers.

You control the five senses and release from delusion those seeking to know the greatness of yoga.

Please release the young people from delusion.

You are the vehicle for understanding Dharma and preserving society. Please help influential personalities awaken to yoga.

Bhakti to Shri Krishna as the Virata, springs from an unending love for Shri Mataji Nirmala Devi.

One-pointed devotion to You brings us to the feet of Shri Mataji Nirmala Devi.

Sākshāt Shrī Adi Shakti Mātājī Shrī Nirmalā Devyai namo namah